



## HUNTINGDONSHIRE CHILD AND FAMILY CENTRE

# WHAT'S ON

**March 2022**

Welcome to our Child & Family Centres. Our aim is to support you and your family as your children grow, especially through these challenging times.

We are following all COVID guidelines, and you will be required to pre-book in advance. We ask that all staff and volunteers adhere to the latest Covid-19 guidance.

Charges apply for groups as indicated. Concessions still apply.

## Things you need to know...

**Booking is essential** for all of our sessions and spaces are limited. Please see the **individual activity for contact details**. Please note we require the following information at point of booking: full name, address, child/children's DOB and a contact telephone number and email address.

**Virtual Workshops** are delivered using Microsoft Teams.

Booking deadline 1pm the day before the group as spaces are limited.

Joining instructions and invite will be sent via email.

Sign up via **01480 358340 or 01480 372700; option 1.**

### Charging

Some groups have a charge of £2 per family per session although families on a low income will be eligible for free entry.

Charges for childminders - £2 per childminder and own family plus £1 for any minded child or £1 per childminder if not bringing own family members plus £1 for any minded child.

### Please Note...

Due to the current situation some groups may have been suspended or re-instated since this was developed. Please check our Facebook page or call us for more up to date information.

## Addresses

<b>St Neots Child and Family Centre, Eaton Socon Site</b> , Bushmead Road, Eaton Socon, St Neots PE19 8BT	<b>St Neots Child and Family Centre, Eynesbury Site</b> Winhills Primary Academy, Off Duck Lane, St. Neots PE19 2DX
<b>Sawtry Child and Family Zone at Sawtry Community Centre</b> , Green End Road, Sawtry PE28 5UX	<b>Ramsey Child and Family Zone at Ramsey Library</b> , 25 Great Whyte, Ramsey PE26 1HG
<b>Huntingdon Child and Family Centre, Huntingdon Youth, Child &amp; Family Centre Site</b> , Sallowbush Road, Huntingdon PE29 7AF	<b>Huntingdon Child and Family Centre, Huntingdon Nursery School Site</b> , Ambury Road, Huntingdon PE29 1AD
<b>St Ives Child and Family Zone at Broad Leas Centre</b> , St Ives PE27 5QB	

B = Booking Required

£ = There is a charge for this session

Monday				
<b>Messy Babies</b> 9.30am to 10.30am	14, 28 March	A fun messy play session for babies aged under 1 year.  To book a space please call 07858 160039	B £	Huntingdon Nursery School Site
<b>Messy Play</b> 9.30am to 10.30am	21 March	A fun messy play session for babies aged 1 to 5 years.  To book a space please call 07858 160039	B £	Huntingdon Nursery School Site
<b>Baby Group Tiniest Feet</b> 10am to 11am	Weekly	Fun filled sensory sessions for pre-mobile babies, which help children to develop and improve their motor skills, co-ordination, and concentration. Suitable for pre-mobile babies with pregnant mums welcome too.  To book a space please call 01480 372700, option 1 or 01480 358340	B £	Eynesbury Child and Family Centre
<b>Crawlers to Walkers</b> 10am to 11am	Weekly	A stay and play session for crawlers or early walkers, who are ready to explore the world around them.  To book a space please call 01480 372700 option 1 or 01480 358340.	B £	St Ives Child and Family Zone
<b>Self-Weigh</b> Appointments from 11.30am to 2.30pm	Weekly	Self-weigh for babies and children aged up to 5 years. By appointment only.  To book an appointment please call 01480 372700, option 1 or 01480 358340.	B	Eynesbury Child and Family Centre
<b>Stay and Play</b> 1.15pm to 2.15pm	Weekly	A stay and play session suitable for children around 10 months plus or walking, up to 5 years.  To book a space please call 01480 372700, option 1 or 01480 358340.	B £	Queen's Park Hall, Daimler Avenue Yaxley, PE& 3AU

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Monday continued				
<b>Stay and Play</b> 1.30pm to 2.30pm	14, 21 and 28 March	A stay and play session suitable for children around 10 months plus or walking, up to 5 years.  To book a space please call 07858 160039.	B £	Huntingdon Nursery School Site

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Tuesday				
<b>Music Tots</b> 9.45am to 10.45am	Weekly in term time	A fun session full of music, singing and free play. Suitable for children up to 5 years.  To book a space please call 01480 372700 option 1 or 01480 358340.	B £	Salvation Army Centre, 1 Field Terrace, Farcet PE7 3DA
<b>Stay and Play Little Bears</b> 10am to 11am	Weekly	An all-round stay and play session with messy play, small world play, construction, and crafts. Suitable for children up to 5 years.  To book a space please call 01480 372700 option 1 or 01480 358340.	B £	Judith's Field Pavilion London Road, Godmanchester, PE29 2WB
<b>Crawlers to Walkers</b> 10am to 11am	Weekly	A stay and play session for crawlers or early walkers, who are ready to explore the world around them.  8, 15 March – Festival of Stories Event: Story and craft activities  To book a space please call 01480 372700, option 1 or 01480 358340.	B £	Huntingdon Youth, Child and Family Centre
<b>Self-Weigh</b> Appointments from 10am to 12pm	Weekly	Self-weigh for babies and children aged up to 5 years. By appointment only.  To book an appointment please call 01480 372700, option 1 or 01480 358340.	B	Ramsey Child and Family Zone
<b>Baby Group Tiniest Feet</b> 1pm to 2pm	Weekly	Fun filled sensory sessions for pre-mobile babies, which help children to develop and improve their motor skills, co-ordination, and concentration. Suitable for pre-mobile babies with pregnant mums welcome too.  To book a space please call 01480 372700, option 1 or 01480 358340.	B £	Ramsey Child and Family Zone

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Tuesday continued				
<b>Stay and Play</b> 1.30pm to 2.30pm	Weekly	A fun construction session with diggers, craft, and messy play as well as bricks, blocks, and Lego building. Suitable for children aged 2 to 5 years.  To book a space please call 01480 372700 option 1 or 01480 358340.	B £	Eaton Socon Child and Family Centre
<b>Sticks, Stones and Stories with Marion Leeper</b> 1.30pm to 2.30pm	8 March	Explore the magic of the outdoors. Have fun with rhymes, games, simple stories, and natural objects. Suitable for children aged 18 months to 5 years.  To book a space please call 01480 372700, option 1 or 01480 358340.	B	Huntingdon Youth, Child and Family Centre

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Wednesday				
<b>Self-Weigh</b> Appointments from 9.30am to 12.30pm	Weekly	Self-weigh for babies and children aged up to 5 years. By appointment only.  To book an appointment please call 01480 372700, option 1 or 01480 358340.	B	St Ives Child and Family Zone
<b>Self-Weigh</b> Appointments from 10am to 11.30am	9, 16 and 23 March	Self-weigh for babies and children aged up to 5 years. By appointment only.  To book an appointment please call 07858 129834.	B	Huntingdon Nursery School Site
<b>Self-Weigh</b> Appointments from 10am to 11.30am	30 March	Self-weigh for babies and children aged up to 5 years. By appointment only.  To book an appointment please call 07858 160052.	B	Run by Huntingdon Town Nursery Child and Family Centre on Cornerstone site, 1a Trinity Place, Huntingdon, PE29 3QA
<b>Stay and Play</b> 10am to 11am	Weekly	A stay and play session suitable for children around 10 months plus or walking, up to 5 years.  To book a space please call 01480 372700, option 1 or 01480 358340.	B £	St Ives Child and Family Zone
<b>Stay and Play Storycraft</b> 10am to 11am	Weekly	A stay and play session with crafts, activities and Storysacks based around popular books. Suitable for children aged 2 to 5 years.  To book a space please call 01480 372700, option 1 or 01480 358340.	B £	Eynesbury Child and Family Centre
<b>Stay and Play</b> 10am to 11am	Weekly	A stay and play session suitable for children around 10 months plus or walking, up to 5 years.  9, 16 March – Festival of Stories Event: Story and craft activities.	B £	Huntingdon Youth, Child and Family Centre

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Wednesday continued				
<b>Baby Group Tiniest Feet</b> 1pm to 2pm	Weekly	Fun filled sensory sessions for pre-mobile babies, which help children to develop and improve their motor skills, co-ordination, and concentration. Suitable for pre-mobile babies with pregnant mums welcome too.  To book a space please call 01480 372700, option 1 or 01480 358340.	B £	Eaton Socon Child and Family Centre
<b>Baby Group Tiniest Feet</b> 1pm to 2pm	Weekly	Fun filled sensory sessions for pre-mobile babies, which help children to develop and improve their motor skills, co-ordination, and concentration. Suitable for pre-mobile babies with pregnant mums welcome too.  To book a space please call 01480 372700, option 1 or 01480 358340.	B £	St Ives Child and Family Zone
<b>Stay and Play</b> 1.30pm to 2.30pm	9, 16, 23 and 30 March	A stay and play session suitable for children around 10 months plus or walking, up to 5 years.  To book a space please call 07858 160039.	B £	Huntingdon Nursery School Site
<b>Stay and Play</b> 1.45pm to 3pm	Weekly in term time	A stay and play session suitable for children around 10 months plus or walking, up to 5 years.  To book a space please call 01480 372700, option 1 or 01480 358340.	B	Wyton Primary School Cambridge Square Wyton on the Hill PE28 2JB
		To book a space please call 01480 372700, option 1 or 01480 358340.		

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Thursday				
<b>Peep Group</b> 9.30am to 11am	Weekly	A session which supports parents and children to learn together. Suitable for children aged 1 to 2 years.  To book a space please call 07858 160052.	B £	Christian Centre, Nene Road, Huntingdon, PE29 1RE.
<b>Sensory Stay and Play</b> 10am to 11am	Weekly	A sensory group to help children explore their senses and gross motor skills. For children from birth up to 5 years.  To book a space please call 01480 372700, option 1 or 01480 358340.	B £	Sawtry Child and Family Zone
<b>Crawlers to Walkers</b> 10am to 11am	Weekly	A stay and play session for crawlers or early walkers who are ready to explore the world around them.  To book a space please call 01480 372700, option 1 or 01480 358340.	B £	Eaton Socon Child and Family Centre
<b>Baby Group Tiniest Feet</b> 10am to 11am	Weekly	Fun filled sensory sessions for pre-mobile babies, which help children to develop and improve their motor skills, co-ordination, and concentration. Suitable for pre-mobile babies with pregnant mums welcome too.  3, 17 March - Festival of Stories Event – sharing stories with babies. 10 March – Festival of Stories Event – walk to Huntingdon Library  To book a space please call, 01480 372700, option 1 or 01480 358340.	B £	Huntingdon Youth, Child and Family Centre

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Thursday Continued				
<b>Self-Weigh</b> Appointments from 11.30am to 1pm	Weekly	Self-weigh for babies and children aged up to 5 years. By appointment only.  To book an appointment 01480 372700, option 1 or 01480 358340.	B	Sawtry Child and Family Zone
<b>Peep Group</b> 1pm to 2.30pm	Weekly	A session which supports parents and children to learn together. Suitable for babies from birth to 1 year.  To book a space please call 07858 160052.	B £	Christian Centre, Nene Road, Huntingdon, PE29 1RE.
<b>Peep Group</b> 1.30pm to 2.45pm	Weekly	A session which supports parents and children to learn together. Suitable for children aged 3 to 4 years. The children will go into a creche for the first hour, then join parents for activities.  To book a space please call 01480 375216.	B £	Huntingdon Nursery School Site

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Friday				
<b>Five to Thrive Friday</b> Posted on our Facebook Page and YouTube Channel each Friday	Weekly	<p>‘The things you do every day that help your child’s growing brain’</p> <p>Over the coming weeks we'll be sharing activity ideas to help you use <i>Five to Thrive</i> in your everyday routine with your baby. Lots of the ideas are simple, most need no special equipment, and can be recreated using items you have around the home.</p>		Virtual
<b>Self-Weigh</b> Appointments from 9.30am to 12 noon	Weekly	<p>Self-weigh for babies and children aged up to 5 years. By appointment only.</p> <p>To book an appointment 01480 372700, option 1 or 01480 358340.</p>	B	Eaton Socon Child and Family Centre
<b>Baby Stay and Play</b> 10am to 11am	Weekly	<p>A stay and play session suitable for babies aged under 1 year.</p> <p>To book a space please call 07858 129834.</p>	B £	Huntingdon Nursery School Site
<b>Stay and Play</b> 10am to 11am	Weekly	<p>A stay and play session suitable for children around 10 months plus or walking, up to 5 years.</p> <p>To book a space please call 01480 372700 option 1, or 01480 358340.</p>	B £	Sawtry Child and Family Zone
<b>Pop Up Story Trail</b> 1.30pm to 2.30pm	18 March	<p>Join us on an outdoor trail based on a popular story. Part of the Festival of Stories. Suitable for children aged 2 – 5 years.</p> <p>To book a space please call 01480 372700 option 1, or 01480 358340.</p>	B £	Coneygear Park, Coneygear Centre, Huntingdon PE29 1PE

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Friday continued				
<b>Child Led Play</b> 1.30pm to 2.30pm	25 March	Back to basics fun. Children lead the play using natural and everyday resources to develop their creativity! Suitable for children aged 2 to 5 years.  To book a space please call 01480 372700 option 1, or 01480 358340.	B £	Eaton Socon Child and Family Centre

Saturday				
<b>Something on a Saturday</b> 10.30am to 12noon	5 March	Come dressed up as your favourite character from a book and celebrate World Book Day with us. Fun activities for all the family, suitable for ages 0 to 100!  To book a space please call 01480 372700, option 1 or 01480 358340.	B £	Sawtry Child and Family Zone

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We are continuing to offer our Bookstart Corner Programme to families who would like some strategies and free resources for introducing rhymes and stories to their little ones. It is aimed at children aged around 12 to 30 months old.

If you would like further information, or a Bookstart pack, contact us on 01480 358340 or 01480 372700; option 1.

If you would like to be kept up to date about our activities by email, please ask to join our mailing list

The Child and Family Centre holds information about the families and individuals we support for the purposes of monitoring, evaluation and future planning of the Child and Family Centre's services as part of Cambridgeshire County Council. The information will be held in accordance with the General Data Protection Regulation (GDPR). Further information is available on the Cambridgeshire County Council's website [www.cambridgeshire.gov.uk](http://www.cambridgeshire.gov.uk) (search Privacy Notice).



**Find us on Facebook!**

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**Huntingdon Child and Family Centres**



**Find us on YouTube**

**Cambridgeshire Child and Family  
Centres**

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# Virtual Workshops March 2022

## Understanding Toddler Outbursts workshop

A virtual session looking at why your toddler has outbursts and ways to manage them.

**2 March 1pm to 2pm** (please call South Cambs Child & Family Centre 01954 284672 to book)

**11 March 10am to 11am** (please call Hunts Child & Family Centre 01480 372700 option 1 or 01480 358340 to book)

## Bedtime Routine workshop

Virtual sessions exploring ways to establish good bedtime routines for children aged 2-8 yrs.

**2 March 7.30pm to 8.30pm and 23 March 1pm to 2pm** (please call South Cambs Child & Family Centre 01954 284672 to book)

## Positive Toileting workshop

A workshop designed to take the stress out of toilet training and give parents and carers imaginative tips and practical advice to try at home.

**17 March 1pm to 2pm** (please call Hunts Child & Family Centre 01480 372700 option 1 or 01480 358340 to book)

**23 March 1pm to 2pm** (please call Cambridge City Child & Family Centre 01223 728118 to book)

# Special Events this month



Talking Together in Cambridgeshire is holding a Festival of Stories from World Book Day on 3 March 2022 through to World Storytelling Day on 20 March 2022. Festival events will take place in Talking Together's reach areas which include March, Chatteris, Wisbech, Huntingdon, Melbourn, Meldreth, Duxford, and North East Cambridge City. (Other areas will also be holding similar events)

Talking Together will be working with partners including community groups and other services to bring the magic of stories to families of children aged 0-5. The Festival will shine a light on how stories can be used in fun and interactive ways to bring a twinkle of excitement to the everyday. It will also highlight how stories can help young children feel safe and connected to others, and help them better understand the world we live in. We do hope you will come and share the magic of stories with us.

**For more details please see the webpage below or phone 01480 372700, option 1 or 358340**

**[Festival of Stories - Learn Together \(cambslearntogether.co.uk\)](https://cambslearntogether.co.uk)**

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# Our Opening Times

Eaton Socon Site	Eynesbury Site
<b><i>Tuesday, Wednesday and Friday 9.30am to 2.30pm Thursday 9.30am to 1pm</i></b>	<b><i>Monday and Wednesday 9.30am to 2.30pm</i></b>

Sawtry Zone	Ramsey Zone
<b><i>Thursday 9.30am to 1pm Friday -9.30am to 2pm</i></b>	<b><i>Tuesday 10am to 2pm</i></b>

Huntingdon Nursery Site	Huntingdon Youth Child and Family Centre Site	St Ives Zone
<b><i>Monday to Friday 10am to 3pm (by appointment only)</i></b>	<b><i>Monday, Tuesday, Wednesday 9.30am to 2.30pm Thursday 9.30am to 1pm</i></b>	<b><i>Monday, Tuesday, Wednesday 9.30am to 2.30pm Thursday 9.30am to 1pm</i></b>

## Contact Us

Get In Touch	
<b>St Neots Child and Family Centre Eaton Socon Site</b> 01480 358340	<b>St Neots Child and Family Centre Eynesbury Site</b> 01480 358350
<b>Sawtry Child and Family Zone</b> 01480 376242	<b>Ramsey Child and Family Zone</b> 01480 379420
<b>Huntingdon Child and Family Centre Huntingdon Nursery Site</b> 01480 375216	<b>Huntingdon Child and Family Centre Huntingdon Youth Child and Family Centre Site</b> 01480 372700; option 1
<b>St Ives Child and Family Zone</b> 01480 372700; option 1	
<b>Email us: <a href="mailto:childandfamilycentre.hunts@cambridgeshire.gov.uk">childandfamilycentre.hunts@cambridgeshire.gov.uk</a></b>	

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## Breastfeeding Support

Information on support available locally can be found by visiting:

[www.facebook.com/CambridgeshireInfantFeeding](https://www.facebook.com/CambridgeshireInfantFeeding)

## Are you concerned about the safety of a child?

If a child is at risk of harm, or you are concerned about the safety of a child, please call the Contact Centre on 0345 045 5203 between 8am and 6pm, Monday to Friday. If it is outside office hours or at the weekend, call the First Response and Emergency Duty Team on 01733 234724, or the police on 999.

## Support for Young People

**Keep Your Head:** A new young people's mental health website for young people and their parents/carers living in Peterborough and Cambridgeshire. The site is universally accessible and is a central point for finding good quality local and national information on keeping well, self-help, and support services covering a range of issues.

[www.keep-your-head.com](http://www.keep-your-head.com)



Download the free 50 Things To Do Before You're Five app for a menu of exciting activities for families with young children

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